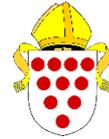




Bike Ride from Westbury to Winchester



25-27 May 2020

Dear Participant,

Thanks you for your interest in applying to join us for the Pilgrimage Bike Ride in May.

This letter of application explains all the important requirements for all participants to understand to ensure a safe and enjoyable pilgrimage to Winchester.

The ride will take place of over three days.

Day 1 is from the Westbury Parish Church to Bradford on Avon Parish Church - 30 miles @ 9.30am

Day 2 From Bradford on Avon to Salisbury - 44 miles

Day 3 From Salisbury to Winchester - 29 miles

You may join us for one or more days. The route will be planned along national cycle routes but will also be on ordinary roads as well from time to time. Cyclists will need to be competent cyclists who have experience of cycling on public roads. All participants will need to have bikes that are fit to be taken safely on the road. All bikes must have front and rear lights (we will be going through a couple of tunnels). All cyclists will need to wear Hi-Viz clothing (or at least clothing that is easily noticed by other road users) and a bike helmet.

To take part in this Pilgrimage you need a properly maintained bicycle and its tyres should be correctly inflated. It is also advisable to have with you a spare inner tube of the right type and size. If you are not too confident about mending a puncture someone else will probably fix it but you must have a spare tube. Note that properly inflated tyres are much less likely to pick up sharp road debris – the usual culprit.

You should also be reasonably confident to cycle on a road in traffic. You should try to keep behind the leader – not always easy on hills! – and in front of the back marker and thereby you are less likely to get separated from the group. The leader will stop where it is safe to do so for the slower ones to catch up or perhaps to explain the possible hazards round the corner. Still keep behind the leader and out of the carriageway -give cars a chance to miss you!

Your leader will endeavour to minimise any safety risks such as by choosing a quiet route where possible but ultimately you are responsible for your own safety and for understanding and following the Highway Code.

You may not have had much experience of cycling in a group so your leader will explain some of the more important points such as not riding two abreast in traffic and being aware of when fellow cyclists are behind you out of sight and therefore will need you to ensure they are made aware of any change of direction. So if, following the group, you turn off the main path or turn left or right at a T junction you don't just leave those following out of sight to guess which way to go.

If you think for the group and not just for yourself you won't go far wrong.

We will cycle together in a group all the way. There will be seconders on the route to carry what we need especially food for our lunch stop which you will need to bring on the day and we will take for you. There will also be first aiders on the route for us if needed.

There will be good instruction as to how we will ride before we leave repeating and adding to the points explained above.

Please fill in the medical form which is required for all participants.

What is very important to understand for all parents/guardians who are bringing children with them that they are fully responsible for them on the journey in all aspects of the bike ride. The parish church cannot take responsibility for children who wish to come. If children do not have a parent or guardian to look after them on the ride, sadly they will not be able to join us.

For those who are staying overnight, we will be sleeping in the parish church for the first night; you will need to bring all you need for the night and have it taken for you by our seconders or by your family. The same for the second night in Salisbury. We will be staying in the house of the Canon Chancellor of the Cathedral in Cathedral Close.

When we arrive in Bradford on Avon Parish Church, we will enjoy a BBQ in the grounds of the church for which we will be asking a donation of £5 per person. The Monday is Bank Holiday and we are assuming many of the young ones with their parents will end their bike ride at Bradford on Avon. **It is up to all the participants to organize their return home with their bikes from Bradford on Avon and also later on in the ride.**

Please Note: There will be a meeting on Saturday the 25th of April, the day after closing date for all participants to meet in the parish church at 10am.

On the 25th of May, the start day, there will be a briefing at 0915 outside the parish church and we all set off at 0930. Please do not miss the briefing!

So some key reminder pointers:

- You will need to indicate how many days you want to ride.
- You must indicate too if there any children joining us who under 18 years old and take full responsibility for them.
- You must ensure that your bike is recently serviced and in a good condition for the ride. It must have lights.
- You are expected to wear hi-viz clothing (or at least something prominent for the ride
- You must ensure you have the right clothing for wet weather if forecast.
- You must give full information at the end of this application letter for all the names and ages of those joining .Your full address and mobile number
- You must fill in the medical form attached
- We will confirm your place on the bike ride as there will be a cap on numbers. So please apply earlier rather than later to secure a place.

Please print all answers

Name(s) of adults participants:

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Name(s) of children and age (under 18's):

.....

Address:

.....

.....

Phone Number: Landline:

Mobile:

Email address:

Will ride on Day 1. With children? How many?.....

Day 2. With Children? How many?.....

Day 3 With children? How many?

BBQ contribution of £5 pp: Paid?..... How much?

Any dietary issues?

Disclaimer

The organizers of the Bike Ride will endeavour to run the bike ride in a safe and responsible way but all who take part in the bike ride must understand that they and their children take part at their own and family's risk. By signing this form below you are accepting this as a condition of taking part. (All adults must sign.)

Signed:Date:

Signed:Date:

Closing Date of applications Friday 24th of April 2020 posted to or dropped off at The Parish Office, Church Road, Westbury on Trym, Bristol, BS9 3EQ