



A message from your Family Worker, Holy Trinity Parish Church, Westbury-on-Trym

# WE ARE HERE TO HELP

As a church, we want to take this opportunity to reach out to all of the families in our local community and let you know that we are there.

These are frightening, challenging, unprecedented times. The threat of illness, combined with the task of unplanned home schooling, social isolation, working in a new home environment and an uncertain road ahead – at least in the short term – is a reality for us all.

But we want to help you as much as we are able to. Despite all public worship being suspended, we are still very much around via our website with digital resources, newsletters (sign up via our Facebook page), at the end of a phone or email address and in the ways detailed below ...

## How we can help

### ISOLATION

As more people are required to self-isolate we would like to make contact with our parishioners to offer any support needed. If you are currently self-isolating and need help please contact the Parish Office. For out of hours support please contact Gill Howse Tel: 01179503132, Mobile: 07840542937 or Phil James Mobile: 07847490270.

If you would like to join the support group - either to help those who can't get out by running errands or to make phone calls to maintain contact, please contact the Parish Office. If you/your children would like to write to our isolated parishioners then please see the details below.

### WRITING LETTERS TO OUR OLDER MEMBERS OF CHURCH



We also have many elderly members of our congregation who are feeling particularly isolated. They do not necessarily have access to the internet and have very limited means to stay in contact with the outside world. You can help! You could become pen pals with members of this older generation and become a lifeline for them during this time.

If you are interested in writing a letter/s to one of our older members of the congregation then please contact me at the Family Worker email address below and I can coordinate a pen pal link.

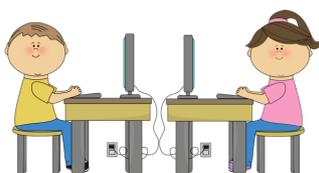
### HELP FOR THOSE HOME SCHOOLING THEIR CHILDREN



I am a qualified primary school teacher and was teaching up until December 2019, so please do not hesitate to contact me via the Family Worker email address below if you need any help in this area. No question is silly and others may be wondering the same thing! The language used within the National Curriculum and schools/teaching websites can be quite daunting and confusing so I can offer support with this as well as ideas on what to cover in the forthcoming weeks – or anything else.

Whilst schools will be overseeing the learning of children from a distance, I have put together a list of some of the most useful websites to support teaching in the home during this time in the hope it will offer you help if you need it.

#### Useful Websites



Twinkl Teaching Resource – used by teachers daily!  
Currently free  
<https://www.twinkl.co.uk>

White Rose Maths for every year group with many free resources  
<https://whiterosemaths.com/resources/primary-resources/>

Phonics play ideas, games and activities  
Currently free  
Username: march20  
Password: home  
<https://www.phonicsplay.co.uk>

The Literacy Shed – free visual resources such as videos, music and poetry to support writing. You could show a video then ask children to produce several pieces of writing based on it e.g. a story, postcard, diary entry, non-fiction report, poem.

<https://www.literacyshed.com/home.html>

There is also a maths version:

<http://www.mathematicshed.com>

Hamilton Trust free Learning at home packs for English and Maths

<https://www.hamilton-trust.org.uk>

Daily PE lessons

<https://www.youtube.com/playlist?list=PLyCLOPd4VxBuxu3sLztrvWFehzv-LnR2c>

Elsa Support has a lot of good resources to support the explanation of the coronavirus to children <https://www.elsa-support.co.uk/category/free-resources/>

The National Curriculum website: <https://www.gov.uk/government/collections/national-curriculum>

The following website has some lovely ideas about family worship in the home at this time: <https://www.rochester.anglican.org/under18s/survival-resources/family-worship-in-the-home/>

### LOCAL FACEBOOK GROUPS



Finally, there are many helpful pages on Facebook at the moment currently offering local support, guidance and advice. These include Facebook groups supporting the BS9 area such as FAMILY LOCKDOWN TIPS AND IDEAS and BS9 Families.

Other Facebook support groups include: BS9 Covid-19 Response (Sea Mills, Stoke Bishop, Henleaze & Westbury-on-Trym), BS10: COVID19/Coronavirus BS10 mutual help group (Henbury, Brentry & Southmead). There is also a North Bristol group set up by Darren Jones MP, North Bristol Corona Community Response.

Holy Trinity has its own Facebook page and website which are regularly updated. Please sign up for our newsletter, via our Facebook page, to keep updated by email.

Prayers are being said by the clergy and ministers on behalf of everyone. *Let your hope make you glad. Be patient in time of trouble and never stop praying (Romans 12:12).* Try and use the forthcoming weeks to enjoy quality time with your young ones, reassuring them that life hasn't changed forever, and take comfort in the knowledge that others are there for you, even if you can't see them.

Your Family Worker

Georgina x

CONTACT DETAILS

[familyworker@westbury-parish-church.org.uk](mailto:familyworker@westbury-parish-church.org.uk)

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Telephone: 0117 950 8644

The Parish Office is open 9:30-12:30 every day apart from Wednesdays

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