



October 2025

Thank you God for your wonderful creations



Teatime Church at the Harvest Supper Sunday 5th October, 4pm-6pm

Following the success of previous years, Teatime Church will once again be taking place at the church Harvest Supper event on Sunday 5th October, held at Westbury-on-Trym Methodist Church Hall. Children will be able to make harvest wreaths and pictures and try some fruit and vegetable printing! There will be singing from Westbury-on-Trym C of E Academy Choir followed by a wonderful afternoon tea for all. Tickets are £5 for adults, £2 for children (aged 5+). Please email me to reserve your tickets at familyworker@westbury-parish-church.org.uk.



During the children's session, we will be thinking particularly about the wonderful supply of crops that are grown on the land and saying a big thank you to God for this bountiful food. We will also be thinking about **Creationtide** – a period in the annual church calendar (from **September 1st to October 4th**), when Christians celebrate God as the Creator and Upholder of all life – exploring ideas on how we can each take small (but powerful) steps to help to care for the Earth and the harvests on it. The theme of Creationtide this year is 'Peace with Creation'.

What is harvest and why do we give thanks for it?

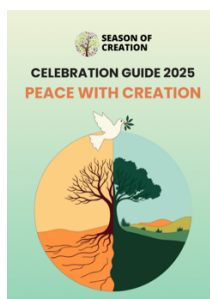


Harvests (food harvested from the land) all around the world allow us to enjoy different foods at any time of year. In many parts of the world, a successful harvest ensures the survival of communities by providing enough food to eat. Sometimes, where we live, families don't have enough money to buy food so donations from others can really help them. In 2023/24, food banks in the Trussell network provided 3,121,404 three-day emergency food supplies and support to UK people in crisis. Of these, 1,144,096 were distributed for children. The more help we can all give, the better. Giving to others and doing kind deeds for others is a way of remembering God's command to love and care for each other. The Harvest Festival reminds Christians of all the good things that God has given us and how we should all support others who aren't so fortunate.

The whole idea of the Harvest Festival is about thanking God for everything that he gives us, supporting others in the community and exploring ways to help to look after our beautiful world. In the past, especially in the countryside, many people grew their own food to eat to live, so that's what they gave to others at harvest time – because they were giving thanks for a good harvest. But anything can be shared with others! Time, friendship, food, clothes, toys, work, donations to charity....what could you do for someone else – or to help the planet – over harvest time and beyond?



CBeebies has a short video about 'My First Festival: Harvest' which is a really good introduction to what it is! <https://www.youtube.com/watch?v=XJoDLa844-0>



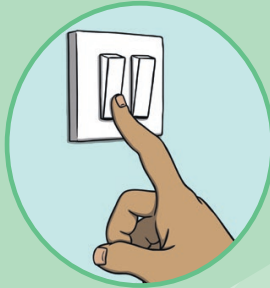
Please click on the following link to find out more about what the Creationtide theme, 'Peace with Creation', actually means in practice

<https://www.canterburydiocese.org/mission/the-environment/creationtide-2025-peace-with-creation>

Below are some ideas for children of small (but powerful) steps to help to care for the Earth ...

Reduce

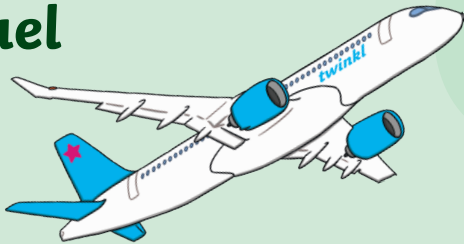
electricity



water



fuel



energy



single use items



waste



Reuse

furniture



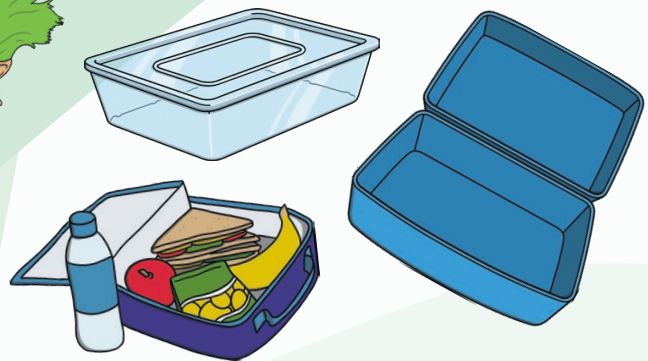
books



toys



containers



dishes



bags



Recycle

plastic



paper



glass



metal



compost scraps



batteries



Peace with Creation: Activities to connect with nature

To help children learn about 'peace with creation', focus on developing a love for the natural world and understanding their role as compassionate caretakers. Through a mix of outdoor exploration, hands-on projects and reflective activities, you can nurture their sense of responsibility for the Earth.

- Go on a nature scavenger hunt. Create a list of things to find, like a pinecone, a feather, a heart-shaped leaf, or a specific type of flower. This encourages mindful observation and helps children notice the small wonders around them.
- Build a bug hotel. Use natural materials like twigs, leaves, and hollow sticks to create a shelter for insects in your garden. This teaches children to create and protect habitats for small creatures.
- Create nature art. Collect leaves, flowers, pebbles, and other natural items to make crafts, collages, patterns or 'nature paintbrushes'. This combines creativity with appreciation for the outdoors.
- Start a garden. Plant flowers, herbs, or vegetables in a pot or garden bed. Children can help with the entire process, from planting seeds to watering and harvesting, teaching them about growth and responsibility.
- Go on a family litter picking adventure.

Harvest donations



At Holy Trinity, harvest donations are shared between two charities, the **Community of the Sisters of the Church** and **Bristol North West Foodbank**. The Community of the Sisters of the Church do important work with the poor and homeless of Bristol. Donations are passed on to the most needy people who approach them for help. They also offer valuable advice to people and families. You can find out more about their work at: <https://bristol.sistersofthechurch.org/about-us>. Bristol North West Foodbank provides essential food and non-food items to families in need. Please visit <https://www.bristolnorthwestfoodbank.org.uk> for more details.

Both organisations are always in need of the items below, and would be so grateful for any donations:

Food: Anything in tins or ambient packaging such as tinned meat or fish, tinned vegetables, tinned baked beans, tin or packet soup, packet instant mash, tinned or packet custard, tinned fruit, tinned rice pudding. Also, cartons of long-life milk, cereal, instant coffee, tea bags, and packets of pasta or rice. **No perishables please** and all donations need to be within their 'use by' or 'best before' dates.

Toiletries: Nappies (all sizes), all toiletry items such as shower gel, shampoo, toothpaste, toothbrushes, sanitary pads, hand wash, bubble bath, and deodorant.

The donation boxes are located in the parish office corridor, all year round. There is also a collection box in church for both charities. Please visit our information page to find out more <https://www.westbury-parish-church.org.uk/social-mission/food-banks/>



A message from Bristol North West Foodbank:

*We are so grateful for the support church and school communities have given us as part of our wider network of donors. Thanks to generous donations from schools, churches, businesses, and individuals, last year we were able to fulfil **3037 vouchers**, feeding **8197 people** – including **3,352 children**. In addition to this, we provided over 200 **Christmas Hampers** to families who would otherwise have gone without.*

Sadly, donations have been in decline in recent years due to the cost-of-living crisis. At times, our warehouse shelves are so depleted that we even have to cancel some volunteer shifts because there isn't enough food to sort.

September to January is our busiest time of year, and with winter approaching, we need your help more than ever. Every tin of soup, packet of pasta, or jar of sauce really does make a difference and helps us continue supporting the most vulnerable people in our community.

By joining with other local donors in this year's Harvest collection, you will be helping us to make sure no one in North West Bristol has to face hunger alone.

With heartfelt thanks,
Bristol North West Foodbank

We also support AidBox Community, which is a local charity that supports people seeking asylum in Bristol <https://www.aidboxcommunity.co.uk>. They are always looking for the following items for children in very good condition (pre-loved is fine): Backpacks, baby/toddler blankets, baby/toddler comforters (suitable from birth), wash bags, small games, pencil cases. And the following items in new/unused condition: Toiletries for children/adults, felt tips and colouring pens/stationery items. If you can help with 'little and often' donations then they would be gratefully received at the hub or via Georgie at the church. They also have an Amazon Wishlist here https://www.amazon.co.uk/hz/wishlist/ls/1PPOIV5A4SOWX?ref=wl_share that you can use to help provide Aidbox children with essential items.

Our monthly prayer



Loving Father, we praise you for the beautiful sun, the rain that helps things grow, the flowers and birds, and the sea and the sky, the food and the water. Thank you for all your gifts to us. Help us to take good care of this world that you have made.
Amen

Community information

Toddlers Together: Our parent and toddler group



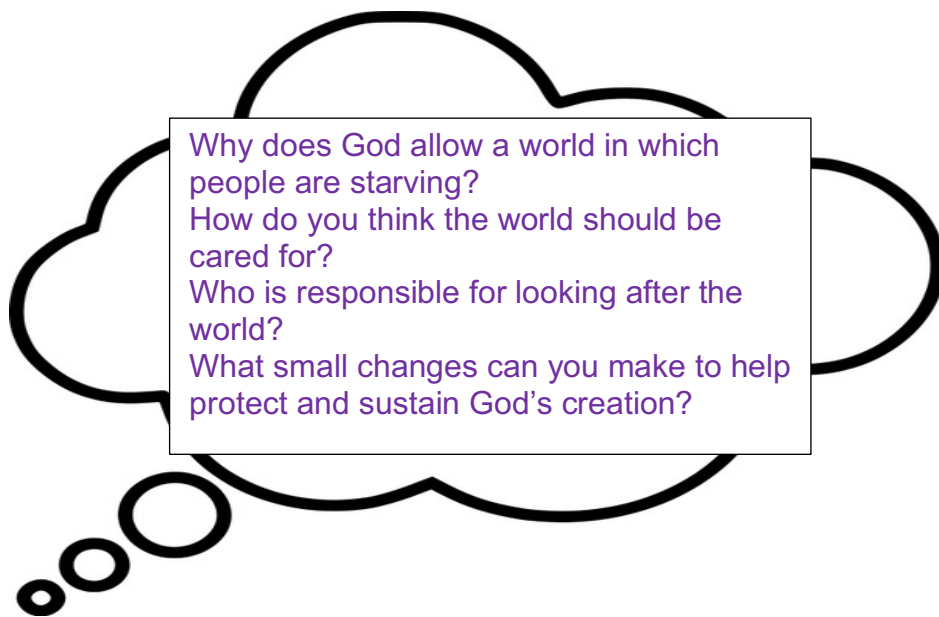
Toddlers Together, our parent and toddler group held at Westbury-on-Trym Methodist Church Hall, runs every Thursday 10-11:15am during term time. All are very welcome! Details can be found on our website <https://www.westbury-parish-church.org.uk/youth-and-family/parents-and-toddlers/>. This term runs until 23rd October then starts again on 6th November. The Methodist Church will be holding a Messy Church event on 30th October. Please contact marioncollis@ymail.com for further information (pre-booking needed).

Wine tasting at Westbury College



The Church Social Committee are holding another wine tasting evening in collaboration with Majestic Wines on Friday 21st November, 6-8pm in Westbury College, College Road. There will be a glass of fizz on arrival followed by a tasting of a selection of 6 wines. Tickets will go on sale on the last Sunday in October. Please contact the Parish Office for more information.

Some questions for the whole family to think about at home...please do come to Teatime Church with any questions that you have!



Please click on the following link if you would like to donate to Westbury on Trym PCC to support the work and mission of Holy Trinity Church, Westbury-on-Trym. Thank you

<https://www.parishgiving.org.uk/donors/find-your-parish/westbury-on-trym-holy-trinity-bristol/>

From Georgie and the Youth Team
familyworker@westbury-parish-church.org.uk

Three Things

Christians believe that the Bible is the word of God. In the Bible, God gives Adam the job of naming all of the animals. In the very first book of the Bible he also tells Adam and his wife Eve to "Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." Christians believe that they are called to be stewards of the world. This means that their job is to look after the world for God.

Can you think of three things that a Christian could do to help to care for God's world?

1.

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2.

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3.

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HARVEST CELEBRATION

Afternoon Tea

5TH OCTOBER, 2025

4PM - 6PM

*join us as we celebrate Harvest Festival
at our Annual Harvest Tea
at
W-o-T Methodist Church Hall*

*Tickets available from the social committee
from 7th September
or contact Jane 07779 463 187.*

ADULTS

£5

CHILDREN OVER 5 YEARS OLD

£2

Teatime Church Dates **2025**



Our monthly 4pm service for children and families. Fun crafts, LEGO, treasure hunts, baby/toddler corner, songs and stories, supper for the children.

Fun, faith and fellowship for all the family.

**12th January, 9th February, 16th March,
18th May, 22nd June, 13th July,
21st September, 5th October (held at
Westbury Methodist Church for Harvest),
23rd November, 7th December**

**Please visit our website for further details
<https://www.westbury-parish-church.org.uk/teatime-church/>**



at Sacred Heart church

Sensory play

Simple craft

For adults and under 5s

Wednesdays during term time, 10:00 – 11:30am

(excluding 22 and 29th October)

Story time

Free parking

In: Newman Hall Building
Grange Court Road
Westbury on Trym, BS9 4DR

toddlergroup.sacredheart@cliftondiocese.com

Facebook: <https://www.facebook.com/profile.php?id=61579193183721>